

STUDY GUIDE

GET FIT: WEEK 3 1.18.15

[set up]

Christians are called to love God with their minds. Is loving God with your mind difficult or easy for you? Why or why not?

When you were a kid, were you more of a troublemaker who was wise to the ways of the world, or more innocent and naive?

[digging deeper]

Was there anything that stuck out during the sermon on Sunday that you would want to share with the group?

Moses, Paul, and Luke were all educated in the elite school of the day, and God used these men in mighty ways. Peter, James, and others were informally educated, and God used these men in mighty ways. Why do you think God used people from all sections of the educational landscape to do His work? How should that both embolden and humble us in whatever our level of education?

In Matthew 10:16, Jesus tells us to be “wise as serpents, but innocent as doves.” This can be applied in what we allow and don’t allow into our minds. Some of us allow unhealthy things into our minds, while others might need to be exposed to other perspectives than our own. Where do you find yourself on this continuum? Discuss with the group.



Read Romans 12:1-2. What do you think it means by “renewal of your mind”? How do we renew our minds on a daily basis?

[living it out]

Christians should be people who actively cultivate the mind. Share some ways in your group that this could be done in your life.

Have you signed up for New Life Conversation Training Day on January 31st from 9-noon? It will be a great opportunity to be better equipped to share the gospel.

How is New Life 10/24 going for you? Do you have your ten names you are praying for this year? How are your New Life Conversations going? Spend some time this evening praying for the ten on your list.