



STUDY GUIDE

RATED E
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[set up]

Who is a woman that you have greatly admired and why?

Write down all the words that come to mind when you think of biblical womanhood (use a large post-it sheet on a wall if you can to maximize this exercise). Have each person circle two of the words that they feel strongest about when it comes to being a godly woman. Share answers/reasons with your group.

*Tip – if you are in a group of all or mostly men, engage this study through the lens of what you hope and desire for the women in your life (Mothers, sisters, daughters, nieces, sisters in Christ, future spouse, etc.)

[digging deeper]

This weekend we looked at **Proverbs 31:25-31**.

What qualities do you see listed in this portion? Keep in mind that Proverbs 31 is larger in scope.

Is this description of a godly woman only for married women? *Tip – Read Prov. 31:1 and see who this portion of Scripture was written for and whose words they are.

How is Proverbs 31 encouraging for women? How can it be discouraging?

How have women deviated from God's design since the beginning of creation? Why?

Who do you think are the leading voices that women are taking their cues from to learn about and live womanhood?

Who are some women in the Bible that are great models of reflecting God in their life?

What insights can you find in these verses that could help women be godly?

Gen. 1:27	Gen. 2:24	Prov. 21:19	Prov. 14:1	1 Tim. 3:11
Prov. 11:16	Titus 2:2-5	1 Peter 3:1-2	Ruth 3:11	

What are some ways women can live out Biblical womanhood as a:

Grandmother? _____

Mother? _____

Wife? _____

Single woman? _____

Aunt? _____

Sister? _____

Other? _____

[living it out]

What verse/thought/impression/conviction stands out to you most from this time? Why?

What is a step you can take to act upon it? Get ideas from your LifeGroup, too. (Men, this week you were challenged to write an encouraging/thank you note to your wife, or another godly woman if you're not married).

Close in prayer. Let the themes of your prayer time come from the insights and verses listed above. Pray for all of our women to reflect the Lord and His glory, take their cues of womanhood from the Lord, and live out Prov. 31.