

STUDY GUIDE



SOUL CARE 05.30.21

[set up]

What does it mean to “Languish”? Have you felt that way recently? Share a story of a time when you were desperate to be revived and refreshed.

What makes that feeling worse? What makes it better?

[digging deeper]

Read through Psalm 19.

Afterwards, just pause for 30 seconds. Re-scan the passage. What is one line or phrase that jumps out at you and why?

Verses 1-6 focus on how God can revive us through the power and beauty of His creation. How does the “voice” of creation ring out the glory of God?

What does that look like in your life, or how have you found that to be true?

Fill in the blank and share your answer: God’s creation revives me by

How does Romans 1:19-20 relate to this?

Verses 7-11 focus on how God can revive us through His Word.

What are the various words that are used by the Psalmist to describe God’s Word? Which one do you feel drawn to? Which one confuses you?

How do we know if verse 10 is true in our lives?

What are the benefits of God’s Word in our life according to verse 11?

What other verses about God’s Word come to mind on this theme that you can share?

Fill in the blank and share your answer: God’s Word revives me by

Verses 12-14 focus on reflection that has been sparked by the preceding verses. What are the themes that the Psalmist reflects on and his expressed desires?

When you read through those verses, what personal insights about you and your relationship with God come to mind?

How does John 15 relate to this Psalm, especially as an application?

Here’s a bonus read to help <https://www.ligonier.org/blog/what-does-it-mean-abide-christ/>

[living it out]

What has God's Spirit impressed on your heart during this time (an affirmation, an encouragement, a conviction)?

What do you sense God is moving you to do as a response, as an action step in light of this time?

How can this group help encourage you and support you, even hold you accountable to take that step? What is one question they can ask you a few days from now that would help?

Close in prayer as a group, praying around the words and themes of Psalm 19.