# STUDY GUIDE

# AHA MOMENTS 08.11.2019

#### [start with prayer]

Missions Prayer Focus this week: International Friendships

## [set up]

Read Matthew 28:18-20 together. This passage, known as the Great Commission, gives Jesus' final marching orders to his followers. We talk in church a lot about "discipleship" or "making disciples." Brainstorm together – using supporting Scripture – what that actually means. Define "making disciples" as fully as you possibly can.

#### [digging deeper]

In the parable this week, we noted that the "minas" are anything that you have been given that you can leverage for the Great Commission. Spend some time in your group thinking through the specific "minas" that each person has and how they might use those things for making disciples.

Using our "minas" in the cause of the Great Commission takes time and intentionality. In his book *What's Best Next*, Matt Perman says: "You are satisfied with your day when there is a match between what you value and how you spend your time. On the other hand, when what you actually work on and accomplish during the day is mostly different from what really matters to you, you feel unfulfilled. Not because you didn't get much done – in many cases, you have – but because the things you were getting done weren't the things that you value."

Share with your group when you feel most fulfilled at the end of the day. What are the things you spend your time doing?

Are you most fulfilled when you have spent time focused on the Great Commission? Why or why not?

Read Ephesians 5:15-16.

- According to this text, what is one of the ways that we can "walk as wise"?
- What are a few ways in which you might not be "making the best use of the time"?
- What things might need to change in your life to make the best use of the time?

## [living it out]

Is there an area in your life where your schedule might need to adjust so that you can more intentionally use your mina for intentional Kingdom work? Or, perhaps just a shift of intentionality? Share an action step with your group.