



STUDY GUIDE

GOOD SAYINGS GONE BAD 09.01.2019

[start with prayer]

Missions Prayer Focus this week:
Youth for Christ

[set up]

Share about a time that you were told to “follow your heart” and share the outcome of listening to that advice.

Even though it may seem to “work out” sometimes, why is this actually misleading and dangerous advice?

[digging deeper]

What do we mean when we say “heart”?

Look up the following verses and share what God says about the condition of our heart according to His Word.

Genesis 6:5 Genesis 8:21 Jeremiah 17:9 Ecclesiastes 9:3 Mark 7:21-23

After reading these verses and understanding the content, fill in the blank:

When we tell people to “follow their heart,” what we are really asking them to do is

Read the following verses:

2 Corinthians 5:17 Jeremiah 24:7 Ezekiel 36:26 Psalm 51:10

What is the good news found in these Scriptures?

Answer True or False to this statement and share why you answered the way you did:
“Once I receive Christ in my life, I can fully trust my heart.”

Psalm 37:4 says, “Delight yourself in the Lord, and he will give you the desires of your heart.”

We know that doesn’t mean that if we delight in God, He will make all our desires come true (like Aladdin’s genie). So, what does it mean in light of what we just read?

For extra insights read this link before or in your LifeGroup. How does it help you understand this content? <https://www.gotquestions.org/new-heart.html>

[living it out]

When we might be tempted to say, “Follow your heart,” what could be a more accurate and biblical phrase to offer instead?

How did you feel convicted in light of this study?

How did you feel encouraged?

What is one action step you need to take to apply what God put on your heart?

Pray with each other (maybe break up into groups of 2-3) and use some of the passages above as templates to guide your prayer time. Target the areas of conviction, encouragement, and action.