

## Living New | Week 4

### Bible Intake: Growing as a Self-Feeder (Part 1)

Ask your group members to share something that especially stood out to them, that especially encouraged them, or that they found especially helpful from the message or FONL study material this week. If your group is large, you may only have time for four or five responses.

Make hard copies for members of your LifeGroup of the “Seven Benefits of Bible Intake” (found in Week 4, Day 4) as a handout. Ask each group member to score himself/herself appropriately. Talk about how well each person is doing accessing the benefits of Bible intake. Draw out the insights from the disciples that reveal strengths and growth areas.

Using Isaiah 50:4, a Messianic prophetic passage about Jesus, discuss how and why Jesus found the need to “listen as one being taught.” Use a Post-it entitled “Self-feeder insights” to record observations. Pray for your time together.

Using a personal example, tell a story how you, as an adult, first came to see the value of and develop a commitment to having regular devotional time in God’s Word. End with sharing a “Self-feeder insight” to add to your previous list on the Post-it. Have your LifeGroup members share their favorite/ideal rhythm of a devotional time.

Create a Post-it with 2 headings: “A believer without Bible intake is . . .” and “A believer with Bible intake is . . .” Ask the group to help you fill out the Post-it. Squeeze out a long list of answers. Summarize the discussion by adding yet another “Self-feeder insight” to your previous list.

Print copies of the booklet “My Heart, Christ’s Home” material. You can access a PDF here: [http://www.usna.edu/Navigators/\\_files/documents/MHCH.pdf](http://www.usna.edu/Navigators/_files/documents/MHCH.pdf). As you play some music in the background, have each person silently read “The Living Room” section. Ask each group member to highlight 2-3 sentences in this section that encouraged or challenged them. Have someone read through the last two paragraphs of the Living Room section. Ask each person to summarize the principles being taught in those paragraphs. Ask each person to assess how his/her attitude toward time in the Scripture compares with the principles being taught.

Refer to the Week 4, Day 2 session where the members learn that the Word of God is like bread, honey, milk, and meat. Serve each person bread, honey, and milk to illustrate these truths. Pray for each person by name that the Word of God would become increasingly nourishing for him/her.

Note: CVC has a Bible reading plan available at the Info Counter or on our website at <http://www.cvconline.org/worship/bible-reading-plan/>