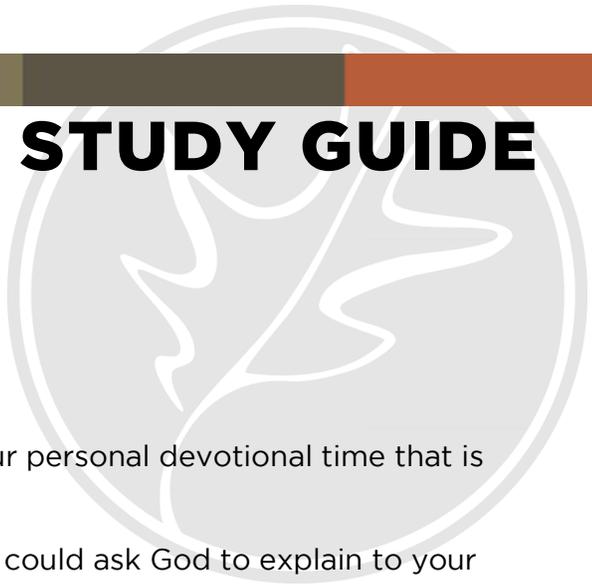


STUDY GUIDE



SOUL CARE 05.09.21

[set up]

What is one point made in last week's message or in your personal devotional time that is still staying with you?

What is one experience, question, or topic you wish you could ask God to explain to your right now so that you could have better understanding?

[digging deeper]

Read Psalm 131.

If you were to summarize the point of this Psalm in one word, what would it be?

Look at the imagery this Psalm paints. What do you understand and relate to and what seems confusing or like a disconnect to you?

Based on this Psalm, what do we learn about how pride and arrogance block our ability to be content and trusting of God?

Share a story of what God has done to either dial up your humility, trust, and contentment in the Lord or to dial down your pride and arrogance.

How does humility open up the door of greater trust, hope, and contentment with the Lord?

What is the meaning of the phrase, "I do not occupy myself with things too great and marvelous for me"? How is that related to what we see in Isaiah 55:8-9?

What do we learn about God's character from this passage?

How does the Gospel connect to this conversation?

[living it out]

From today's time, fill in the blanks:

A praise about God and His character that comes to mind is _____

One way I feel gratitude because of this time is _____

One confession I need to make based on this time is _____

One request I need to make that has been sparked by this time _____

(over)

Share your answers with your LifeGroup (it will be more personal and effective if you get into groups of 2-3).

Turn your answers into a prayer and pray through it with your LifeGroup members. Pray for each other as the Lord shows you as well.