

# STUDY GUIDE

## BE: WEEK 2 10.12.14

### [set up]

Give an opportunity for a few people in your group to share a time that they mourned. Did people say things that were unhelpful - or even hurtful - during that time? How were you able to navigate that season of your life?

Was there an occasion in your life that you should have mourned but didn't allow yourself to? What do you think the affects of that were?

### [digging deeper]

Read Matthew 5:3-10 out loud together as a group.

In Sunday Pastor Josh talked verse 4. Is there anything that God spoke to you this week about that verse?

Here is the chart that was used on Sunday. Where do you tend to land on this chart? Why is that?



We should all have a heart of mourning as Christians. But that mourning should not turn to despair because we are comforted by the Gospel of Jesus Christ.

### [living it out]

Read 2 Corinthians 1:3-4. Who has God put in your life to comfort with the comfort that God has shown you?

Take some time to pray as a group. Pray that the hearts of the group will be hearts open to mourning. Pray that you will be open to the comfort of the Holy Spirit. If someone in the group is going through a period of acute mourning, spend some extra time praying for that person.