

# Cuyahoga Valley Church Fruit of New Life Assessment

Have you ever felt caught in the routine of "just doing church"; finding yourself sucked into a cycle of church activity but not necessarily seeing spiritual growth in your life?

**That can happen to anyone, anywhere, anytime.**

At CVC, we refuse to let busyness and mechanical routines stunt our spiritual growth and detour us from pursuing a biblical standard of discipleship.

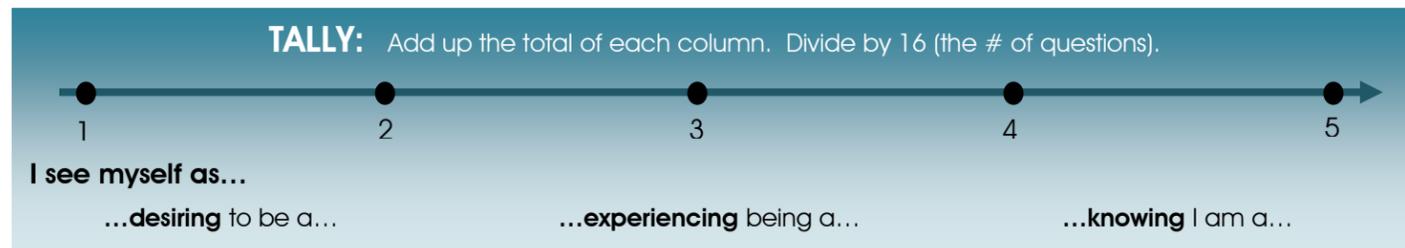
**At CVC, we are passionate about inviting people to new life in Christ.** Like a tree that goes through the progressive stage of rooting, growing, maturing and multiplying, your desire to live new in Christ will drive you to grow spiritually.

**Spiritual growth is a process and is often difficult to measure.** We have developed this assessment tool to help guide you through a self-evaluation in six critical categories of measurable discipleship, which we refer to as "Fruit of New Life": Beloved Child, Self-Feeder, Servant, Investor, Discippler and Missionary. You can use this tool to assess yourself, someone you are discipling, or be a guide for spiritual growth between you and your LifeGroup leader.

### Instructions:

- **Be very honest and transparent.** There are no right or wrong answers, only indicators of strengths and growth areas.
- **Use a 1 (low) to 5 (high) scale to rate yourself for each question.** For yes/no answers, use a 5 (yes) or 1 (no).
- **If you do not understand a term or question,** just skip over it and review it later with your LifeGroup leader.
- **Upon completion, take note of areas you indicated a need for further growth** and discuss with your LifeGroup leader steps you can take to greater develop those traits of discipleship.

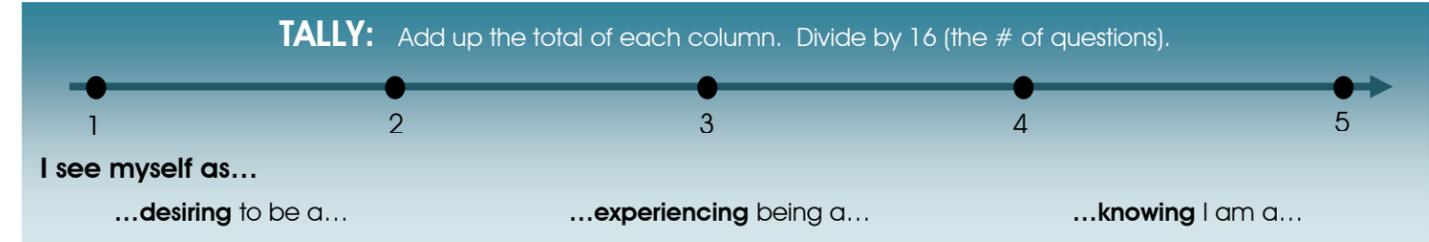
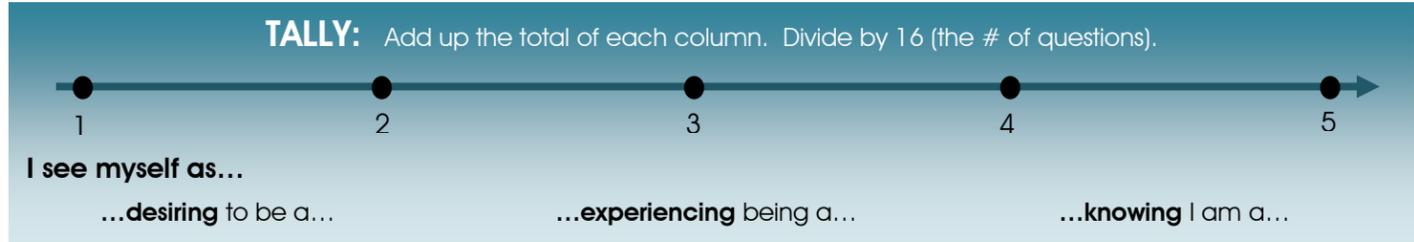
<b>DISCIPLER</b>		1 - Never; 2 - Rarely; 3 - Occasionally; 4 - Often; 5 - Regular Rhythm	1 - 5
ROOTING	1.	I have connected with a LifeGroup that challenges, teaches, exhorts, and encourages me.	
	2.	I understand how to build authentic relationships with people.	
	3.	I influence others to take greater leadership roles.	
	4.	I bear the fruit of the Spirit and display the Christ-like character taught in the Beatitudes.	
GROWING	5.	I am learning to work lovingly through relational conflict.	
	6.	I am learning principles to overcome bitterness by finding the freedom that forgiveness brings.	
	7.	I regularly share a verbal testimony with friends / family members regarding what God has done in my life.	
	8.	I am building a spiritual friendship with an accountability partner(s).	
MATURING	9.	I am developing a personal mission statement based on my identity in Christ.	
	10.	I am learning about living according to a sustainable pace/rhythm with margin and know how to say "no".	
	11.	I am reproducing myself by discipling someone younger.	
	12.	I have taken a more responsible leadership role in the life of my church or city.	
MULTIPLYING	13.	I am able to teach God's Word and pray in appropriate environments.	
	14.	I have begun to lead others spiritually (i.e., leading a LifeGroup or ministry in my local church).	
	15.	I mobilize others by helping them grow in the rooting, growing, and maturing phases of spiritual life.	
	16.	I can confidently say, "Imitate me as I imitate Christ."	
<b>TOTAL</b>			



<b>MISSIONARY</b>		1 - Never; 2 - Rarely; 3 - Occasionally; 4 - Often; 5 - Regular Rhythm	1 - 5
ROOTING	1.	I realize that Jesus is for everyone.	
	2.	I maintain friendships with those who are far from God for the purpose of sharing Christ.	
	3.	I invited non-Christian friends to my baptism or to the baptism of family or friends.	
	4.	I have developed a written testimony.	
GROWING	5.	I pray for those who are without Christ.	
	6.	I regularly invite people to CVC worship services / programs.	
	7.	I know the basics of how to share the gospel.	
	8.	I join God in what He is doing to reach new people for Christ.	
MATURING	9.	I find volunteer opportunities to serve locally & regionally outside the church – serving the last, least and lost.	
	10.	I have learned how to defend the faith (apologetics).	
	11.	I understand how to engage in spiritual warfare.	
	12.	I have increased my commitment to missional service outside the local church.	
MULTIPLYING	13.	I see myself as a 'missionary cleverly disguised as .....	
	14.	I am growing in my ability to communicate the faith with cultural and racial sensitivity.	
	15.	I am committed to world evangelization and have and/or will serve in an international mission project.	
	16.	I have led people to put their faith in Christ as Lord and Savior.	
<b>TOTAL</b>			

<b>BELOVED CHILD</b>		1 - Never; 2 - Rarely; 3 - Occasionally; 4 - Often; 5 - Regular Rhythm	1 - 5
ROOTING	1.	I have prayed to receive Christ as Lord and Savior.	
	2.	I have learned about assurance of salvation (which comes by grace through faith rather than by works).	
	3.	I have been baptized through immersion since saved.	
	4.	I have learned to confess sin and live in light of forgiveness.	
GROWING	5.	I delight in spending time consistently with the Father in a Quiet Time that includes time in the Word and prayer.	
	6.	I seek Christ's guidance in my decision making and seek to live for the glory of God.	
	7.	I pursue holiness, purity, and integrity in order to please the Father.	
	8.	I display love and kindness to family members and others as a result of being accepted by God.	
MATURING	9.	I have developed a confidence in the love and grace of Christ to overcome lack of worth and esteem issues.	
	10.	I trust Christ for help through any problem or crisis knowing that trials produce character.	
	11.	I have a peace, contentment, and joy that characterize my life rather than worry and anxiety.	
	12.	I know that my worth is not based on performance but on the love and grace of Christ.	
MULTIPLYING	13.	I have developed a heart of humility and a spirit of gratitude that results in worship and awe of a holy God.	
	14.	I have a relationship with Christ that is motivated by love rather than duty or fear.	
	15.	I repent of personal sin and imperfections without feelings of false guilt.	
	16.	I continue to grow in fruitfulness in intercessory prayer and can document answers to prayer.	
<b>TOTAL</b>			

<b>SERVANT</b>		1 - Never; 2 - Rarely; 3 - Occasionally; 4 - Often; 5 - Regular Rhythm	1 - 5
ROOTING	1.	I have a desire to be pleasing to the Lord by participating in and building His Kingdom.	
	2.	I understand the importance of the filling of the Holy Spirit.	
	3.	I have started serving at church for the first time.	
	4.	I find a sense of purpose for my life by meeting the needs of others.	
GROWING	5.	I go out of the way to show love to people in my everyday life.	
	6.	I see people through the eyes of Jesus.	
	7.	I understand spiritual gifts and have begun to experiment with my gift set in serving the ministry of the church.	
	8.	I demonstrate the fruit of the Spirit in relationship to others.	
MATURING	9.	I depend on God's Spirit rather than self-effort for accomplishing goals.	
	10.	I am learning to battle against indwelling sin.	
	11.	I am quick to forgive, while admitting personal errors and humbly seeking forgiveness of those wronged.	
	12.	I am learning to abide in Christ for fruitful service.	
MULTIPLYING	13.	I desire to serve rather than be served, expecting nothing in return.	
	14.	I take initiative in finding places of service.	
	15.	I strive for excellence in serving Christ and others while giving and receiving grace for imperfections.	
	16.	I listen without defending, over-identifying, or making the conversation about me.	
<b>TOTAL</b>			



<b>SELF-FEEDER</b>		1 - Never; 2 - Rarely; 3 - Occasionally; 4 - Often; 5 - Regular Rhythm	1 - 5
ROOTING	1.	I am reading the Bible and praying as a part of daily life using the CVC-recommended or other Bible reading plan.	
	2.	I attend church services expectantly seeking to experience intimacy with God during the music and the message.	
	3.	I have begun to memorize basic scripture-memory verses.	
	4.	I have learned to take and store notes from sermons/messages/podcasts.	
GROWING	5.	I am reading solid Christian books.	
	6.	I can identify times when God has spoken to me in His Word.	
	7.	I have developed a Quiet Time/Prayer journal.	
	8.	I point my family towards Scripture reading, memorization, and prayer.	
MATURING	9.	I have a knowledge of God's Word, and have developed a biblical worldview.	
	10.	I consider personal feedback from others as an opportunity to grow.	
	11.	I understand the foundational doctrines of the faith.	
	12.	I have developed a personal spiritual growth plan by incorporating spiritual disciplines in my life without legalism.	
MULTIPLYING	13.	I know how to find answers to life questions and problems via Bible study tools.	
	14.	I am choosing to read Christian books with greater theological depth.	
	15.	I have developed a scripture memory review system.	
	16.	I reflect on life biblically and see life's circumstances through God's eyes.	
<b>TOTAL</b>			

<b>INVESTOR</b>		1 - Never; 2 - Rarely; 3 - Occasionally; 4 - Often; 5 - Regular Rhythm	1 - 5
ROOTING	1.	I want to be a giver rather than a taker.	
	2.	I have a passion to obey scripture quickly as a demonstration of love for God.	
	3.	I have begun to give consistently.	
	4.	I have become a member of the church.	
GROWING	5.	I am learning to discern the will of God concerning stewardship of my time, talent, and treasure.	
	6.	I am overcoming a consumer mentality and growing in an eternal perspective.	
	7.	I am a good steward of my body through healthy habits—exercise, rest, recreation and eating in moderation.	
	8.	I hold loosely onto material things and give away possessions to help others.	
MATURING	9.	I financially support the ministry of the church cheerfully and faithfully to further its mission as God directs.	
	10.	I say "no" to self in order to say "yes" to Christ because Christ comes before self, family and possessions.	
	11.	I have identified that how I view/use my money is related to the Lordship of Christ in my life.	
	12.	I am increasing in my generosity and moving toward and then beyond the tithe.	
MULTIPLYING	13.	I recognize that what I treasure is a reflection of my heart.	
	14.	I am developing a generosity that is characterized by priority, percentage, and progressive giving.	
	15.	I take steps of faith that require greater risk and greater faith and model this faith to my family.	
	16.	I anticipate greater impact for expanding God's Kingdom through personal investment of time, talent, & treasure.	
<b>TOTAL</b>			