



Please take the opportunity to revisit the CVC Equip  
Portrait of a Healthy LifeGroup on a regular basis

## ① CONNECT (10 MIN)

In what ways are you and your family currently served by CVC (examples: Sunday Services, Events, LifeGroups, Workshops, etc.)? In what ways do you and your family currently serve the body at CVC?

## EXPLORE (30 MIN)

### Create Context (5 min):

Sermon Recap Video - [CLICK HERE](#)

### Study & Discussion (25 min)

- ② Refer to Exodus 18:8-12. Most theologians would say that this passage shows us Jethro's conversion. As far as we know, he is the first non-Israelite convert in the Old Testament. Read Genesis 12:1-3 and then read Romans 9:1-8.
  - Who are the recipients of the promise in Romans 9? What do all these passages teach us about the make-up of God's family?
  - Why is this section of Exodus 18 so important to the redemptive story arc of the Bible?
- ③ Read Exodus 18:24. Moses shows wisdom and humility when he responds by listening willingly to Jethro's advice.
  - Read Colossians 3:16. How does Paul connect gaining wisdom to our Christian community?
  - Are you willing and open to listen to God's wisdom from the mouths of other believers speaking into your life?
- ④ Read 1 Corinthians 12:12-26. In what ways do Paul's instructions conflict with the modern, Western ideas of self-sufficiency and individualism?
- ⑤ Read Exodus 18:15-28. Moses was a great leader, and even he had limits. Jethro recognized that Moses could not meet every need and every question of every person in the Israelite nation. Moses needed help!



- Read verse 18 again. Jethro says that Moses “and the people with him” will all be exhausted by his attempts to do everything. How does the concept of shared responsibility detract or contribute to the health and well-being of the whole community?
- Do you live in a posture of being willing to offer, and accept, help? Why or why not?
- How can you have grace for the leaders in your lives, remembering that they are not limitless or perfect?

## ADDITIONAL RESOURCES

- “The Humble Leader,” by Kevin DeYoung; The Gospel Coalition - <https://www.thegospelcoalition.org/blogs/kevin-deyoung/the-humble-leader/>
- “Moses: When God’s Direction Comes through Correction,” by Jon Bloom; Desiring God - <https://www.desiringgod.org/articles/moses-when-gods-direction-comes-through-correction>
- TGC Course - Introduction to Exodus; <https://www.thegospelcoalition.org/course/introduction-to-exodus/#overview>

## APPLY AND PRAY (30 MIN)

Take some time to pray for those who serve and lead you and your family or friends here at CVC - pastors, elders, ministry directors, LifeGroup Leaders, WorkShop Leaders, etc.

## ACCOUNTABILITY

We’re not sure how often your group takes advantage of the opportunity for accountability. As we continue in the new year, this might be a great opportunity to set up a regular rhythm of accountability with someone in your group. We’re leaving these questions in the Sermon Based Study Guide for one more week so that you have an opportunity to review them once again!

- Have you spent daily time in the Scriptures and in prayer?
- Have you had any flirtatious or lustful attitudes, tempting thoughts, or exposed yourself to any explicit materials which would not glorify God?
- Have you been completely above reproach in your financial dealings?
- Have you spent quality relationship time with family and friends?
- Have you done your 100% best in your job, school, etc.?
- Have you told any half-truths or outright lies, putting yourself in a better light to those around you?
- Have you shared the Gospel with an unbeliever this week?
- Have you taken care of your body through daily physical exercise and proper eating/sleeping habits?
- Have you allowed any person or circumstance to rob you of your joy?
- Have you lied to us about any of your answers today?



Cuyahoga  
Valley Church

# EQUIP ANNOUNCEMENTS

Week of 1.14.24

Please take a moment to share these announcements with your group.

## CVCKIDS

### Night To Shine Volunteer Registration.

Recently a visitor to our church said to one of our volunteers, “Night to Shine is the most loving thing that you all do for our community.” Regardless of whether they are correct in that statement, it surely shows how much Night to Shine offers us an opportunity to be salt and light in our region. It literally takes hundreds of volunteers to serve our special guests and their caregivers. Please consider volunteering as a LifeGroup, family, or individual for this important night.



## CVCYOUTH

### CVC Youth - Winter Retreat

At CVCYouth's Winter Retreat, we are inviting students into a life of freedom in Christ, not out of obligation, but out of obedience. Join High School and Middle School students from all around North East Ohio as we enjoy one of our favorite weekends of the year. Winter Retreat 24, night & day will be filled with new friendships, fun memories, new adventures, and lots of laughs.



## CHURCH - WIDE

### Pursue Prayer Gathering

How's this? Join us every Sunday night in January from 6:30-7:30pm as we Pursue a deeper walk with Christ individually and corporately in 2024. Childcare is available.



## SAVE - THE - DATES

Night To Shine: February 9th, 2024.

CVCYouth Winter Retreat: February 23-25, 2024