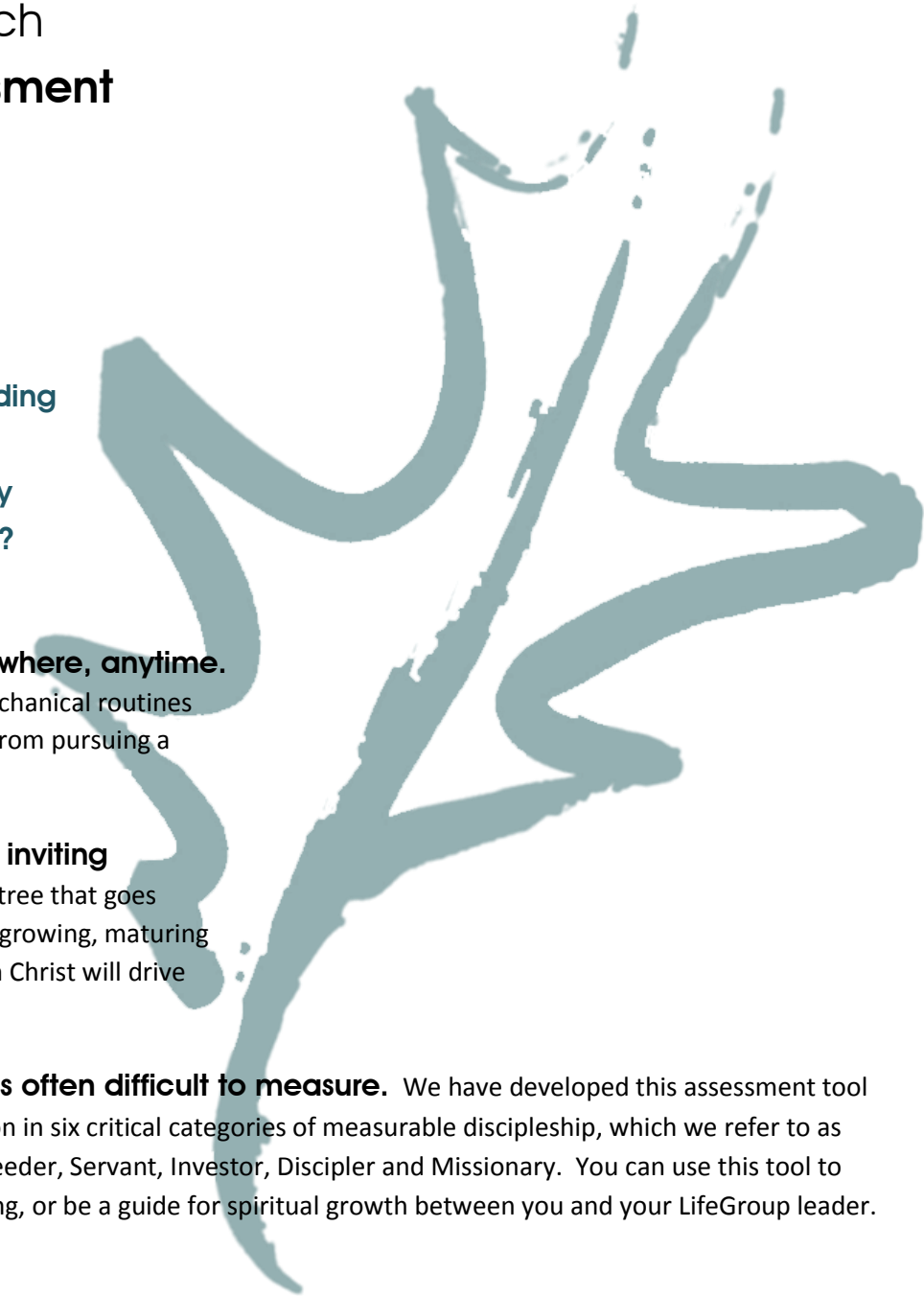


Cuyahoga Valley Church Fruit of New Life Assessment



Have you ever felt caught in the routine of "just doing church"; finding yourself sucked into a cycle of church activity but not necessarily seeing spiritual growth in your life?

That can happen to anyone, anywhere, anytime.

At CVC, we refuse to let busyness and mechanical routines stunt our spiritual growth and detour us from pursuing a biblical standard of discipleship.

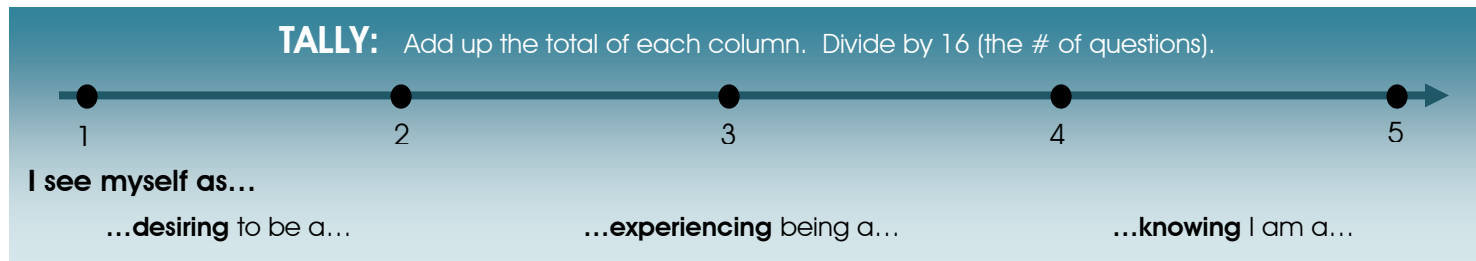
At CVC, we are passionate about inviting people to new life in Christ. Like a tree that goes through the progressive stage of rooting, growing, maturing and multiplying, your desire to live new in Christ will drive you to grow spiritually.

Spiritual growth is a process and is often difficult to measure. We have developed this assessment tool to help guide you through a self-evaluation in six critical categories of measurable discipleship, which we refer to as "Fruit of New Life": Beloved Child, Self-Feeder, Servant, Investor, Discippler and Missionary. You can use this tool to assess yourself, someone you are discipling, or be a guide for spiritual growth between you and your LifeGroup leader.

Instructions:

- **Be very honest and transparent.** There are no right or wrong answers, only indicators of strengths and growth areas.
- **Use a 1 (low) to 5 (high) scale to rate yourself for each question.** For yes/no answers, use a 5 (yes) or 1 (no).
- **If you do not understand a term or question,** just skip over it and review it later with your LifeGroup leader.
- **Upon completion, take note of areas you indicated a need for further growth** and discuss with your LifeGroup leader steps you can take to greater develop those traits of discipleship.

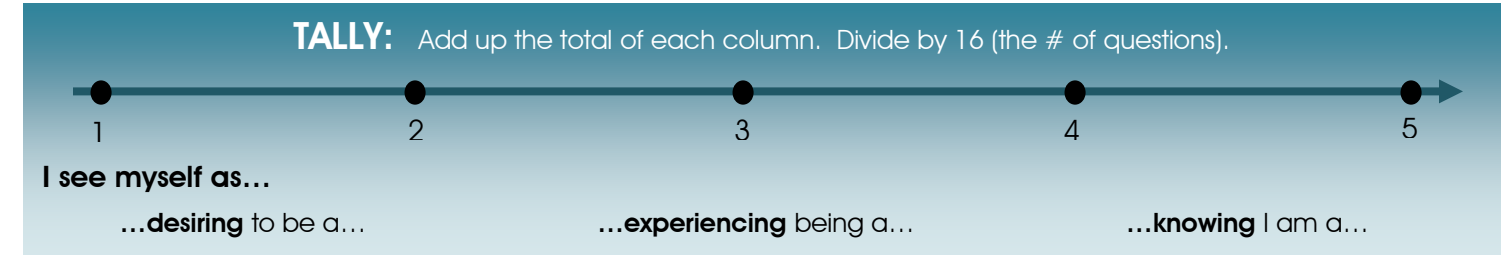
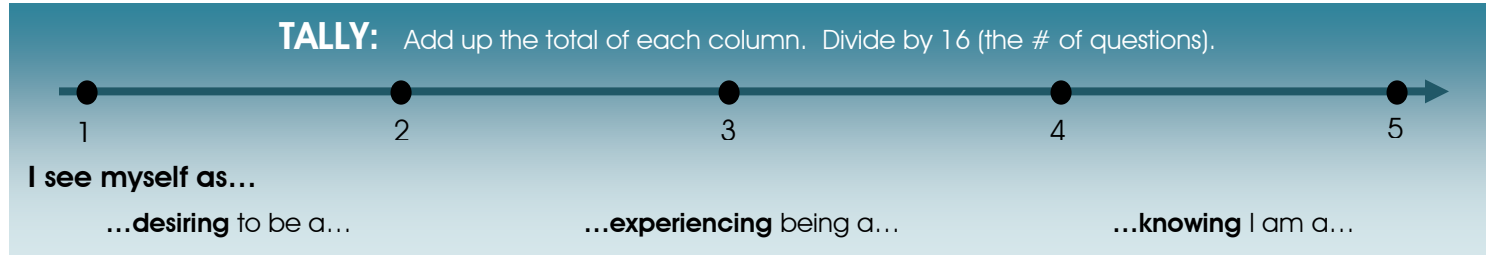
DISCIPLER		1 - Never; 2 - Rarely; 3 - Occasionally; 4 - Often; 5 - Regular Rhythm	1 - 5
ROOTING	1.	I have connected with a LifeGroup that challenges, teaches, exhorts, and encourages me.	
	2.	I understand how to build authentic relationships with people.	
	3.	I influence others to take greater leadership roles.	
	4.	I bear the fruit of the Spirit and display the Christ-like character taught in the Beatitudes.	
GROWING	5.	I am learning to work lovingly through relational conflict.	
	6.	I am learning principles to overcome bitterness by finding the freedom that forgiveness brings.	
	7.	I regularly share a verbal testimony with friends / family members regarding what God has done in my life.	
	8.	I am building a spiritual friendship with an accountability partner(s).	
MATURING	9.	I am developing a personal mission statement based on my identity in Christ.	
	10.	I am learning about living according to a sustainable pace/rhythm with margin and know how to say "no".	
	11.	I am reproducing myself by discipling someone younger.	
	12.	I have taken a more responsible leadership role in the life of my church or city.	
MULTIPLYING	13.	I am able to teach God's Word and pray in appropriate environments.	
	14.	I have begun to lead others spiritually (i.e., leading a LifeGroup or ministry in my local church).	
	15.	I mobilize others by helping them grow in the rooting, growing, and maturing phases of spiritual life.	
	16.	I can confidently say, "Imitate me as I imitate Christ."	
TOTAL			



MISSIONARY		1 - Never; 2 - Rarely; 3 - Occasionally; 4 - Often; 5 - Regular Rhythm	1 - 5
ROOTING	1.	I realize that Jesus is for everyone.	
	2.	I maintain friendships with those who are far from God for the purpose of sharing Christ.	
	3.	I invited non-Christian friends to my baptism or to the baptism of family or friends.	
	4.	I have developed a written testimony.	
GROWING	5.	I pray for those who are without Christ.	
	6.	I regularly invite people to CVC worship services / programs.	
	7.	I know the basics of how to share the gospel.	
	8.	I join God in what He is doing to reach new people for Christ.	
MATURING	9.	I find volunteer opportunities to serve locally & regionally outside the church – serving the last, least and lost.	
	10.	I have learned how to defend the faith (apologetics).	
	11.	I understand how to engage in spiritual warfare.	
	12.	I have increased my commitment to missional service outside the local church.	
MULTIPLYING	13.	I see myself as a 'missionary cleverly disguised as	
	14.	I am growing in my ability to communicate the faith with cultural and racial sensitivity.	
	15.	I am committed to world evangelization and have and/or will serve in an international mission project.	
	16.	I have led people to put their faith in Christ as Lord and Savior.	
TOTAL			

BELOVED CHILD		1 - Never; 2 - Rarely; 3 - Occasionally; 4 - Often; 5 - Regular Rhythm	1 - 5
ROOTING	1.	I have prayed to receive Christ as Lord and Savior.	
	2.	I have learned about assurance of salvation (which comes by grace through faith rather than by works).	
	3.	I have been baptized through immersion since saved.	
	4.	I have learned to confess sin and live in light of forgiveness.	
GROWING	5.	I delight in spending time consistently with the Father in a Quiet Time that includes time in the Word and prayer.	
	6.	I seek Christ's guidance in my decision making and seek to live for the glory of God.	
	7.	I pursue holiness, purity, and integrity in order to please the Father.	
	8.	I display love and kindness to family members and others as a result of being accepted by God.	
MATURING	9.	I have developed a confidence in the love and grace of Christ to overcome lack of worth and esteem issues.	
	10.	I trust Christ for help through any problem or crisis knowing that trials produce character.	
	11.	I have a peace, contentment, and joy that characterize my life rather than worry and anxiety.	
	12.	I know that my worth is not based on performance but on the love and grace of Christ.	
MULTIPLYING	13.	I have developed a heart of humility and a spirit of gratitude that results in worship and awe of a holy God.	
	14.	I have a relationship with Christ that is motivated by love rather than duty or fear.	
	15.	I repent of personal sin and imperfections without feelings of false guilt.	
	16.	I continue to grow in fruitfulness in intercessory prayer and can document answers to prayer.	
TOTAL			

SERVANT		1 - Never; 2 - Rarely; 3 - Occasionally; 4 - Often; 5 - Regular Rhythm	1 - 5
ROOTING	1.	I have a desire to be pleasing to the Lord by participating in and building His Kingdom.	
	2.	I understand the importance of the filling of the Holy Spirit.	
	3.	I have started serving at church for the first time.	
	4.	I find a sense of purpose for my life by meeting the needs of others.	
GROWING	5.	I go out of the way to show love to people in my everyday life.	
	6.	I see people through the eyes of Jesus.	
	7.	I understand spiritual gifts and have begun to experiment with my gift set in serving the ministry of the church.	
	8.	I demonstrate the fruit of the Spirit in relationship to others.	
MATURING	9.	I depend on God's Spirit rather than self-effort for accomplishing goals.	
	10.	I am learning to battle against indwelling sin.	
	11.	I am quick to forgive, while admitting personal errors and humbly seeking forgiveness of those wronged.	
	12.	I am learning to abide in Christ for fruitful service.	
MULTIPLYING	13.	I desire to serve rather than be served, expecting nothing in return.	
	14.	I take initiative in finding places of service.	
	15.	I strive for excellence in serving Christ and others while giving and receiving grace for imperfections.	
	16.	I listen without defending, over-identifying, or making the conversation about me.	
TOTAL			



SELF-FEEDER		1 - Never; 2 - Rarely; 3 - Occasionally; 4 - Often; 5 - Regular Rhythm	1 - 5
ROOTING	1.	I am reading the Bible and praying as a part of daily life using the CVC-recommended or other Bible reading plan.	
	2.	I attend church services expectantly seeking to experience intimacy with God during the music and the message.	
	3.	I have begun to memorize basic scripture-memory verses.	
	4.	I have learned to take and store notes from sermons/messages/podcasts.	
GROWING	5.	I am reading solid Christian books.	
	6.	I can identify times when God has spoken to me in His Word.	
	7.	I have developed a Quiet Time/Prayer journal.	
	8.	I point my family towards Scripture reading, memorization, and prayer.	
MATURING	9.	I have a knowledge of God's Word, and have developed a biblical worldview.	
	10.	I consider personal feedback from others as an opportunity to grow.	
	11.	I understand the foundational doctrines of the faith.	
	12.	I have developed a personal spiritual growth plan by incorporating spiritual disciplines in my life without legalism.	
MULTIPLYING	13.	I know how to find answers to life questions and problems via Bible study tools.	
	14.	I am choosing to read Christian books with greater theological depth.	
	15.	I have developed a scripture memory review system.	
	16.	I reflect on life biblically and see life's circumstances through God's eyes.	
TOTAL			

INVESTOR		1 - Never; 2 - Rarely; 3 - Occasionally; 4 - Often; 5 - Regular Rhythm	1 - 5
ROOTING	1.	I want to be a giver rather than a taker.	
	2.	I have a passion to obey scripture quickly as a demonstration of love for God.	
	3.	I have begun to give consistently.	
	4.	I have become a member of the church.	
GROWING	5.	I am learning to discern the will of God concerning stewardship of my time, talent, and treasure.	
	6.	I am overcoming a consumer mentality and growing in an eternal perspective.	
	7.	I am a good steward of my body through healthy habits—exercise, rest, recreation and eating in moderation.	
	8.	I hold loosely onto material things and give away possessions to help others.	
MATURING	9.	I financially support the ministry of the church cheerfully and faithfully to further its mission as God directs.	
	10.	I say "no" to self in order to say "yes" to Christ because Christ comes before self, family and possessions.	
	11.	I have identified that how I view/use my money is related to the Lordship of Christ in my life.	
	12.	I am increasing in my generosity and moving toward and then beyond the tithe.	
MULTIPLYING	13.	I recognize that what I treasure is a reflection of my heart.	
	14.	I am developing a generosity that is characterized by priority, percentage, and progressive giving.	
	15.	I take steps of faith that require greater risk and greater faith and model this faith to my family.	
	16.	I anticipate greater impact for expanding God's Kingdom through personal investment of time, talent, & treasure.	
TOTAL			