

Fruit of New Life Resources

A companion piece to CVC's Fruit of New Life Assessment

Have you ever wondered where to turn to find help in a specific area of spiritual growth? We sometimes know where we need to grow, but can be confused about how. What are some resources that are most trustworthy and truly helpful?

At CVC, we have developed an assessment tool to help guide believers through a self-evaluation in six critical categories of measureable discipleship, which we refer to as "Fruit of New Life": Beloved Child, Self-Feeder, Servant, Investor, Discipuler and Missionary. Taking the assessment will point out where growth needs to occur. This is a companion resource tool that makes suggestions for further growth in the specific areas evaluated in the Fruit of New Life Assessment. Each suggested resource numerically corresponds with the items in each category of the assessment.

Most of the resources suggested are selected chapters or a series of short chapters found in readily available books. To keep the book list at a minimum, many of the readings come from a short list of excellent books: 10 Questions to Diagnose Your Spiritual Health; The Calvary Road; Crazy Love; Desiring God; The Life You've always Wanted; Money, Possessions, and Eternity; The Purpose Driven Life; Radical; Spiritual Disciplines of the Christian Life; and Spiritual Leadership. Having these and a few other key books as a part of your personal library will be an investment in your spiritual health that will pay eternal dividends.

Instructions:

- **Read the suggested chapter(s) carefully and prayerfully.**
- **Talk about the chapter(s) with your LifeGroup leader or with another spiritual mentor.** Answer the questions: What was most meaningful to you in the reading? What encouraged you? What challenged you? What is God saying to you? What is your next step?
- **Based on what you have learned, commit to make at least one or two lifestyle changes in your life to obey God more fully.** Ask your LifeGroup leader or spiritual mentor to hold you accountable. Pray with others that God will help you apply what you are learning.
- **Share what you are learning with someone else.** This will make the learning "doubly" yours as you process it for your own life and pass it along to someone else.

DISCIPLER	
1.	"Creating Community" by Andy Stanley; Part I: People Need Community
2.	"Connecting" by Larry Crabb; Chapter 2: Three Ingredients of Healing Community
3.	"Spiritual Leadership" by J. Oswald Sanders; Chapter 18: The Art of Delegation
4.	"The Peace and Joy Principle" by Joe Propi (booklet)
5.	"The Purpose Driven Life" by Rick Warren; Day 20: Restoring Broken Fellowship
6.	"Choosing Forgiveness" by Nancy Leigh DeMoss; Chapter 5: The Art of Forgiveness, Chapter 8: Returning a Blessing
7.	"Out of the Saltshaker" by Becky Pippert; Chapter 9: Developing a Conversational Style
8.	"The Man in the Mirror" by Patrick Morley; Chapter 23: Accountability – The Missing Link
9.	"Creating Your Personal Life Plan" by Michael Hyatt; www.michaelhyatt.com
10.	"Margin" by Richard A. Swenson; Chapter 6: Margin // "The Life You've Always Wanted" by John Ortberg; Chapter 5: An Unhurried Life
11.	"Spiritual Leadership" by J. Oswald Sanders; Chapter 18: The Art of Delegation, Chapter 19: Replacing Leaders, Chapter 20: Reproducing Leaders
12.	"Secrets of the Vine" by Bruce Wilkinson
13.	"Communicating for a Change" by Andy Stanley; Chapter 11: Determine Your Goal, Chapter 12: Pick a Point, Chapter 13: Create a Map
14.	"Be the Leader You Were Meant to Be" by Leroy Eims; Chapter 1: Who is Fit to Lead?
15.	"Nine Marks of a Healthy Church" by Mark Dever; Mark 8: A Concern for Discipleship and Growth
16.	"Spiritual Leadership" by J. Oswald Sanders; Chapter 15: The Cost of Leadership, Chapter 16: The Responsibilities of Leadership, Chapter 17: Tests of Leadership

MISSIONARY	
1.	"Radical" by David Platt; Chapter 4: The Great Why of God // "Becoming a Contagious Christian" by Bill Hybels; Chapter 1: People Matter to God
2.	"Becoming a Contagious Christian" by Bill Hybels; Chapter 7: Strategic Opportunities in Relationships, Chapter 8: Rubbing Shoulders with Irreligious People
3.	"Becoming a Contagious Christian" by Bill Hybels; Chapter 9: Finding the Approach That Fits You (Note: The Invitational Approach)
4.	"The Purpose Driven Life" by Rick Warren; Day 37: Sharing Your Life Message // The 7 Principles of an Evangelistic Life" by Douglas M. Cecil; Chapter 12: Tell Your Story!
5.	"Top Ten Most Wanted List" from faithaliveresources.org (Prayer Card)
6.	"Becoming a Contagious Christian" by Bill Hybels; Chapter 14: Contagious Christians and Contagious Churches
7.	"The Story" by spreadtruth.com (booklet) // "Share Your Faith Workshops – Student Manual" from Evangelism Explosion International
8.	"Experiencing God" by Henry Blackaby; Unit 8: Adjusting Your Life to God
9.	"The Externally Focused Church" by Rick Rusaw; Chapter 6: Good News and Good Deeds
10.	"The Reason for God" by Tim Keller // "The Case for Faith" by Lee Strobel // "Know Why You Believe" by Paul Little
11.	"Systematic Theology" by Wayne Grudem; Chapter 20: Satan and Demons
12.	"Radical" by David Platt; Chapter 7: There is No Plan B
13.	"The Purpose Driven Life" by Rick Warren; Day 36: Made for a Mission
14.	"unChristian: What a New Generation Really Thinks About Christianity. . .and Why It Matters" by David Kinnaman; Chapter 1: The Backstory, Chapter 2: Discovering unChristian Faith
15.	"The Purpose Driven Life" by Rick Warren; Day 38: Becoming a World Class Christian
16.	"Spiritual Disciplines for the Christian Life" by Donald Whitney; Chapter 6: Evangelism

BELOVED CHILD

1.	"How Good is Good Enough" by Andy Stanley
2.	"Returning to Holiness" by Gregory Frizzell; Appendix A: How to be Certain of Your Salvation
3.	"Watermark" by Rick Duncan
4.	"How to Develop a Powerful Prayer Life" by Gregory Frizzell; Chapter 5: Getting Clean Before God
5.	"My Heart – Christ's Home" by Robert Boyd Munger (booklet) // "Personal Bible Study Methods" by Rick Warren; Appendix A: How to Have a Meaningful Quiet Time
6.	"Knowing God" by J.I. Packer; Chapter 20: Thou Our Guide
7.	"The Pursuit of Holiness" by Jerry Bridges; Chapter 1: Holiness is for You, Chapter 2: The Holiness of God, Chapter 3: Holiness is Not an Option
8.	"The Calvary Road" by Roy Hession; Chapter 6: Revival in the Home
9.	"The Search for Significance" by Robert S. McGee; Chapter 4: The Saving Solution vs. Satan's Snare, Chapter 6: The Performance Trap
10.	"If God is Good Why Do We Hurt?" by Randy Alcorn (booklet)
11.	"The Calvary Road" by Roy Hession; Chapter 1: Brokenness, Chapter 2: Cups Running Over, Chapter 3: The Way of Fellowship
12.	"Knowing God" by J.I. Packer; Chapter 19: Sons of God
13.	"The Air I Breathe" by Louie Giglio
14.	"The Freedom of Self-Forgetfulness" by Tim Keller (booklet)
15.	"The Calvary Road" by Roy Hession; Chapter 4: The Highway of Holiness, Chapter 5: The Dove and the Lamb, Chapter 7: The Mote and the Beam, Chapter 9: The Power of the Blood of the Lamb
16.	"Experiencing Prayer with Jesus" by Henry Blackaby; Chapter 6: Praying for Others

SERVANT

1.	"Radical" by David Platt; Chapter 1: Someone Worth Losing Everything For
2.	"Forgotten God" by Frances Chan; Chapter 3: Theology of the Holy Spirit 101, Chapter 7: Supernatural Church
3.	"Spiritual Disciplines for the Christian Life" by Donald Whitney; Chapter 7: Serving
4.	"The Life You've Always Wanted" by John Ortberg; Chapter 6: Appropriate Smallness
5.	"Desiring God" by John Piper; Chapter 4: Love
6.	"10 Questions to Diagnose Your Spiritual Health" by Donald Whitney; Chapter 5: Do You Have a Growing Concern for the Spiritual and Temporal Needs of Others?
7.	"The Purpose Driven Life" by Rick Warren; Day 29: Accepting Your Assignment, Day 30: Shaped for Serving God, Day 31: Understanding Your Shape, and Day 32: Using What God Gave You
8.	"10 Questions to Diagnose Your Spiritual Health" by Donald Whitney; Chapter 3: Are You More Loving?
9.	"Radical" by David Platt; Chapter 3: Beginning at the end of ourselves
10.	"The Pursuit of Holiness" by Jerry Bridges; Chapter 7: Help in the Daily Battle, Chapter 8: Obedience – Not Victory, Chapter 9: Putting Sin to Death
11.	"10 Questions to Diagnose Your Spiritual Health" by Donald Whitney; Chapter 9: Are You a Quicker Forgiver?
12.	"Secrets of the Vine" by Bruce Wilkinson
13.	"Improving Your Serve" by Charles Swindoll; Chapter 1: Who, Me a Servant?, Chapter 2: A Case for My Unselfishness, Chapter 3: The Servant as a Giver
14.	"The Purpose Driven Life" by Rick Warren; Day 33: How Real Servants Act, Day 34: Thinking Like a Servant
15.	"The Purpose Driven Life" by Rick Warren; Day 35: God's Power in Your Weakness
16.	"Listening and Caring Skills" by John Savage; Chapter 1: Paraphrase, Chapter 2: Productive Questions, Chapter 3: Perception Check

SELF-FEEDER

1.	"Spiritual Disciplines of the Christian Life" by Donald Whitney; Chapter 2: Bible Intake (Part 1)
2.	"Spiritual Disciplines of the Christian Life" by Donald Whitney; Chapter 5: Worship
3.	"Spiritual Disciplines of the Christian Life" by Donald Whitney; Chapter 3: Bible Intake (Part 2)
4.	"My Sermon Notes Journal" by Ellen Caughey
5.	"Spiritual Leadership" by J. Oswald Sanders; Chapter 12: The Leader and Time, Chapter 13: The Leader and Reading
6.	"The Life You've Always Wanted" by John Ortberg; Chapter 8: The Guided Life
7.	"Loving God Journal" by Rick Duncan
8.	"Family Worship" by Joel Beeke (booklet) // "Choosing to Cheat" by Andy Stanley
9.	"The Truth Project" (DVD) by Del Tackett // "The Faith" by Charles Colson
10.	"Humility" by C.J. Mahaney; Chapter 10: Inviting and Pursuing Correction
11.	"Christian Beliefs: 20 Basics Every Christian Should Know" by Wayne Grudem
12.	"The Life You've Always Wanted" by John Ortberg; Chapter 3: Training vs. Trying
13.	"Personal Bible Study Methods" by Rick Warren; Introduction: How to Study the Bible
14.	"What are Some Books That DG Recommends?" // www.desiringgod.org
15.	"7 Steps to Create a Scripture Memory Review System" // www.cuyahogavalleychurch.blogspot.com
16.	"Desiring God" by John Piper; Chapter 10: Suffering // "The Life You've Always Wanted" by John Ortberg; Chapter 12: A Life of Endurance

INVESTOR

1.	"Crazy Love" by Frances Chan; Chapter 7: Your Best Life Later
2.	"10 Questions to Diagnose Your Spiritual Health" by Donald Whitney; Chapter 2: Are You Governed Increasingly by God's Word?
3.	"Fields of Gold" by Andy Stanley; Chapter 1: Dust in the Wind, Chapter 2: A Growing Ambition
4.	"10 Questions to Diagnose Your Spiritual Health" by Donald Whitney; Chapter 6: Do You Delight in the Bride of Christ?
5.	"Money, Possessions, and Eternity" by Randy Alcorn; Chapter 1: Money – Why is it So Important to God?
6.	"Radical" by David Platt; Chapter 6: How Much is Enough?
7.	"Margin" by Richard Swenson; Chapter 8: Margin in Physical Energy
8.	"Crazy Love" by Francis Chan; Chapter 5: Serving Leftovers to a Holy God
9.	"Fields of Gold" by Andy Stanley; Chapter 3: Trading Places, Chapter 4: The New Deal
10.	"Money, Possessions, and Eternity" by Randy Alcorn; Chapter 16: Making Money, Owning Possessions, and Choosing a Lifestyle
11.	"Money, Possessions, and Eternity" by Randy Alcorn; Chapter 10: The Steward and the Master
12.	"Money, Possessions, and Eternity" by Randy Alcorn; Chapter 12: Tithing – the Training Wheels of Giving
13.	"The Treasure Principle" by Randy Alcorn
14.	"Fields of Gold" by Andy Stanley; Chapter 5: Sowing Lessons, Chapter 6: Fear This, Chapter 7: The Joy of Giving
15.	"Radical" by David Platt; Chapter 8: Living When Dying is Gain
16.	"Radical" by David Platt; Chapter 9: The Radical Experiment