



Cuyahoga
Valley Church

SERMON STUDY GUIDE

Week of 10.15.23
Exodus 6 // Pastor Rick Duncan

Please take the opportunity to revisit the CVC Equip
Portrait of a Healthy LifeGroup on a regular basis

CONNECT (10 MIN)

- 1 Sections in the narration of Exodus skips massive amounts of time (examples include the jump from Moses' birth to his adulthood, and the jump from his flight out of Egypt to his burning bush experience many years later, etc.). What do you think are some reasons that God fast-forwards through chapters 4, 5, and 6 (like he does from 1-2 or 2-3)? We spend a lot of time in 4, 5, and 6 on Moses' emotions and God's responses – what are some reasons that you think we spend a good bit of time here?

EXPLORE (45 MIN)

Create Context (10 min):

1. Read Exodus chapter 6 out loud together.
2. Watch the weekly sermon recap video [HERE](#).

Study & Discussion (40 min)

Note to leaders: For those of you who know you won't get through all the questions, please make time for application and prayer in your group.

- 1 On Sunday, Rick Duncan asked the question, "what happens when a broken spirit happens?" Take some time to discuss this question together. On a related note - what behaviors do you see spill out of broken people?
- 2 In light of your discussion about behaviors that spill out of broken people, what are some various ways that we as Christians can respond compassionately and winsomely to these behaviors, without using trite clichés (examples of potential clichés include, "if God brings you to it, He will see you through it," and etc.)?
- 3 Pastor Rick mentioned the article from the New York Times in which David Brooks talks about the nuance of being broken open versus broken down (note: if you'd like to read this article, it's under our resources heading below).
 - o Think about some characteristics of people who are broken down – make a list. Now think about some characteristics of people who are broken open – make a list. Name some biblical characters who fall into one of these two categories.
 - o When you have faced situations in your life that have caused you to feel broken-spirited, how have you responded – and what have been the results?
 - o What can we do to be a person who, in response to hardship, eventually moves from being broken down by circumstance to being broken open before God?



- ④ In the service on Sunday, we sang a song with the lyrics “I run to the Father.” What does it look like to “run to the Father” when we are in difficulty?

- ⑤ What have you learned about God over time through reading Scripture and in your experiences in life? Have you ever had an experience where you thought incorrectly about God and then Scripture corrected that view?

ADDITIONAL RESOURCES

- David Brooks NYT Article: <https://www.nytimes.com/2015/06/19/opinion/hearts-broken-open.html>
- What Becomes of the Broken-Hearted?: <https://www.thegospelcoalition.org/blogs/scotty-smith/what-becomes-of-the-brokenhearted/>
- Is God the Father like my Father?: <https://www.thegospelcoalition.org/article/is-god-the-father-like-my-father/>
- TGC Course - Knowing the Bible: Exodus: <https://www.thegospelcoalition.org/course/knowning-the-bible-exodus/>

APPLY

Based on what we talked about today, where could you encourage someone in your LifeGroup as they strive to trust the Lord and His timing with faith and trust?

“I Will” Statements

Based on what we talked about today, where could you encourage someone in your LifeGroup as they strive to trust the Lord and His timing with faith and trust? As a result of what I’ve learned this week and what the Holy Spirit is impressing upon my heart, I will respond in obedience by _____.

Accountability

Depending on the time, rhythm, and makeup of the group, this can be done together or by separating into smaller groups (if the group is large) or by gender (if the group is mixed).

We suggest using 2-3 of the accountability questions found at cvconline.org/relate each week.

PRAY (15 MIN)

During your time of study and application, there may be prayers that rise to the surface for individuals or the group. Take those things collectively to the Lord in prayer. We would also encourage your group to make a list of people that you are praying for to trust Jesus as the leader and forgiver of their life. Pray for the list often and hold one another accountable to share the good news as the Holy Spirit provides and prompts.



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EQUIP ANNOUNCEMENTS

Week of 10.15.23

Please take a moment to share these announcements with your group.

More information on each item can be found by scanning the QR codes.

CVC YOUNG ADULTS

Eat, Sip, and Drive: October 21st

Join CVC Young Adult ministry for a progressive dinner style event. Groups will travel to a variety of locations, eat together, play games, and fellowship with one another. Register by scanning the QR code or clicking the link [HERE](#).



CVCKIDS

Trunk or Treat: October 29th

You're invited to join us for Trunk or Treat, a fun, family event for our church family and surrounding communities. Trunk or Treat will be held on Sunday, October 29 from 4 - 6 pm.



COMMUNITY LIFE

Night Of Worship: November 1st

You are invited to a CVC Night of Worship on Wednesday, November 1 from 7-9pm at the BVH campus. Join us as we sing together, pray together, and read God's Word together. This Worship Night is open to all, and free childcare is provided! It's a great opportunity to come together to praise God, and it's also a wonderful opportunity to invite a friend to worship alongside you. We are looking forward to this time together - hope to see you there!

SAVE-THE-DATES

Sunday Sessions Mini Series Kickoff: Church History // October 22

CVC Men's Retreat // November 17 - 18

CVCYouth Impact Fall Retreat // November 17 - 19