



Cuyahoga  
Valley Church

# SERMON STUDY GUIDE

Week of 12.3.23  
Exodus 14 //Rick Duncan

Please take the opportunity to revisit the CVC Equip  
Portrait of a Healthy LifeGroup on a regular basis

## CONNECT (10 MIN)

- 1 Rick mentioned 3 movies that focus on the events of the Exodus during his sermon: “Exodus: Gods and Kings,” “The Prince of Egypt,” and “The Ten Commandments.” Which Exodus movies have you seen and/or enjoyed, and what did you like about them? Where were they faithful to the biblical story, and where did they differ from it?

## EXPLORE (30 MIN)

### Create Context (5 min):

[Sermon Recap Video](#)

### Study & Discussion (25 min)

- 2 Throughout the Old Testament, the crossing of the Red Sea is mentioned as an event that shaped the nation of Israel. These verses provide additional perspectives and theological insights related to the story in Exodus 14. Read Joshua 2:1-11, Nehemiah 9:9-12, Psalm 106:7-12, and Micah 7:15-17.
  - How do these passages give us a richer understanding of Exodus 14 and of God’s deliverance of Israel in Exodus?
  - How do these passages help us understand how God’s deliverance at the Red Sea continued to shape the way that the God of Israel was seen by surrounding nations?
- 3 God used the pillar of cloud and the pillar of fire to lead Israel to a place of no escape before the Red Sea. In a similar way, in our lives today, the Lord doesn’t always lead us to places of comfort and ease. In his sermon, Rick even mentioned the commonly stated misconception that, “God will never give you something you can’t handle.” Rick said that in fact, God will often give us things that we can’t handle and invite us to trust in Him in the midst of those things.
  - What are some reasons that the Lord seeks to test our faith (hint: read James 1:2-4)?
  - When can you identify a time in your life when God gave you something that felt like more than you could handle?
  - What did it look like for you to trust in Him in that season or circumstance?



④ Read Exodus 14:13. The Scriptures are full of verses that tell God’s people things like: “fear not/stand still/trust God/be silent.” Read Psalm 37:7, Psalm 46:10, Psalm 112:7-8, Isaiah 26:3-4, and Isaiah 41:10.

- Which of these verses especially comforts or interests you?
- What are some ways that you can seek to trust God’s character and promises, as seen in these verses, in your life right now?

⑤ Pastor Rick made the point that in many ways, the story of God delivering His people at the Red Sea foreshadows God’s deliverance of His people through Christ in the New Testament. This same God who delivers in the Old and New Testaments is the God who delivers us from our sins when we invite Jesus to be the leader and forgiver of our lives.

- Who in your life needs to hear this story of God’s deliverance in the gospel? Are you ready and willing to share with them?

## ADDITIONAL RESOURCES

- "Introduction to Exodus," The Gospel Coalition - <https://www.thegospelcoalition.org/course/introduction-to-exodus/#overview>
- “Prince of Egypt and Appreciating Imperfect Bible Movies,” by Nathan Robertson - <https://www.thegospelcoalition.org/article/prince-egypt-bible-movies/>
- Exodus 14 Sermon Notes, Rick Duncan - <https://cuyahogavalleychurchblog.wordpress.com/2023/12/03/exodus-14-sermon-notes/>

## APPLY (30 MIN)

What’s a seemingly impossible situation you are currently facing, and what would it look like to trust God in this “Red Sea” moment in your life?

In the past, what have been some situations, habits, or unhealthy coping mechanisms you have run to instead of running to the Lord?

## PRAY (15 MIN)

During your time of study and application, there may be prayers that rise to the surface for individuals or the group. Take those things collectively to the Lord in prayer. We would also encourage your group to make a list of people that you are praying for to trust Jesus as the leader and forgiver of their life. Pray for the list often and hold one another accountable to share the good news as the Holy Spirit provides and prompts.



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# EQUIP ANNOUNCEMENTS

Week of 12.3.23

Please take a moment to share these announcements with your group.

## CVCKIDS

### Night To Shine Volunteer Registration - NOW OPEN!

Recently a visitor to our church said to one of our volunteers, “Night to Shine is the most loving thing that you all do for our community.” Regardless of whether they are correct in that statement, it surely shows how much Night to Shine offers us an opportunity to be salt and light in our region. It literally takes hundreds of volunteers to serve our special guests and their caregivers. Please consider volunteering as a LifeGroup, family, or individual for this important night.



## CVCYOUTH

### Ice Skating: December 10th

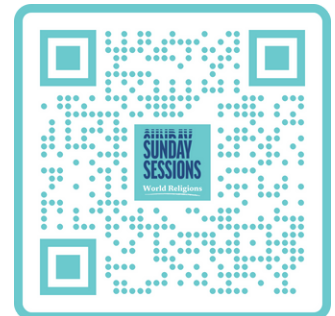
Join CVCYouth for their final large-group event of the year! On Sunday, December 10th all middle school and high school students are invited for an afternoon of ice skating together. This is a great event to bring a friend to and enjoy the Christmas season together.



## EQUIP

### Sunday Sessions Podcast

Our final two Sunday Sessions of 2023 will be taking place on Sunday, December 10th at 9:30am. Walt Broadbent and Dean Siley will be leading a counseling series focused on families and the holidays. If you can't join us in person, you can hear all of these episodes and previous ones by visiting [cvconline.org/sundaysessions](http://cvconline.org/sundaysessions).



## SAVE-THE-DATES

CVC Annual Budget Meeting: December 5th

CVC Men's Christmas Party: December 13th

Christmas Eve Services: December 24th (8:00am, 9:30am, 11:15am, 11:00pm)