



Cuyahoga  
Valley Church

# SERMON STUDY GUIDE

Week of 2.25.24  
Exodus 20:12// Josh Hamm

Please take the opportunity to revisit the CVC Equip  
Portrait of a Healthy LifeGroup on a regular basis

## ① CONNECT (10 MIN)

Have you ever undervalued something that turned out to be important? How did you realize its true worth? On the flip side, have you ever been tempted to overvalue something that wasn't very important? How did you figure out that's what you were doing?

## EXPLORE (30 MIN)

### Create Context (5 min):

There is no Sermon Recap this week.

### Study & Discussion (25 min)

- ② Read Exodus 20:12. In his sermon on Sunday, Josh invited us to consider the width, the length, and the weight of this commandment. What stood out to you in these main points?
- ③ Although we should always seek to honor our parents, our supreme allegiance must be Jesus first (read Matt 8:21-22). On a related note, honoring our parents does not mean we must always agree with them (read Mark 3:20-21, 31-35).
  - What can it look like to honor Christ above all in our lives, particularly when considering our relationships with our parents?
  - Under what circumstances is it acceptable to disagree with our parents?
  - How can we honor our parents even in our disagreement?
- ④ Read Matthew 15:1-9. Talk about how Jesus addresses the Pharisees' manipulation of God's command. How does this challenge us in our approach to honoring parents?
- ⑤ What does it look like to forgive our parents for the ways they may have hurt us, and what could it look like for us to ask forgiveness from our parents for the ways we may have failed to honor them?
- ⑥ God's command extends to both worthy parents as well as the unworthy – those who have neglected and even abandoned or abused their children. Discuss in what ways honoring looks different for the latter?



- ⑦ Josh said in his sermon that often it is not in our nature to honor our parents easily, but that we really encounter the opportunity to honor them when it begins to cost us something.
- In your life right now, what does it look like to honor your parents?
  - What are some of the costs of honoring your parents well in this season?
- ⑧ Read Ephesians 6:4. If you are a parent, what has it looked like (or what does it look like) for you to teach your children to honor you? For everyone (parents and non-parents), what did your parents do to teach you to honor them?

## ADDITIONAL RESOURCES

- Sermon Notes: <https://cvconline.org/exodus-2012-sermon-notes/>
- CVCKids Parent Resources: <https://cvconline.org/wp-content/uploads/2023/12/Recommended-Parenting-Resources-with-Pictures-for-Website-12.03.23.pdf>
- CVC Pastoral Care Resources - <https://cvconline.org/care-and-equipping/pastoral-care-and-assistance/>
- TGC Knowing the Bible: Exodus: <https://www.thegospelcoalition.org/course/knowning-the-bible-exodus/>

## APPLY (20 MIN)

- Consider practical ways to show honor to your parents (or parental figures) this week, regardless of your age or their presence in your life.

## PRAY (15 MINS)

- Consider being open and honest about an area where you might need prayer and support from your LifeGroup as you consider how to honor a parent in the midst of difficult circumstances.
- Pray for healing and restoration in strained family relationships and for wisdom to honor parents as God commands.