



Cuyahoga
Valley Church

SERMON STUDY GUIDE

Week of 4.28.24
Exodus 25-31 // Rick Duncan

Please take the opportunity to revisit the CVC Equip
Portrait of a Healthy LifeGroup on a regular basis

CONNECT (10 MIN)

- 1 Have you ever felt labeled or judged based on your actions or circumstances? Share a time when this impacted your view of yourself.

EXPLORE (30 MIN)

Create Context (5 min): We're sorry, friends. No sermon recap this week!

Study & Discussion (25 min)

- 2 In Matthew 11:28-30, Jesus offers rest and ease for the weary. How does this invitation address the deep-seated issues of identity and self-worth that are often influenced by societal or personal failures? Consider how the concept of "yoke" might symbolize shared burdens or partnerships in our spiritual journey.
- 3 Discuss the transformation described in II Corinthians 3:18. How does "beholding the glory of the Lord" lead to a change in us, and what does it mean practically to behold His glory in our everyday lives?
- 4 Consider the list of benefits of living in God's presence. Assign each verse below to someone in your LifeGroup. Then, read them aloud.

Courage (Psalm 23:4); Guidance (Psalm 73:23-24); Transformation (2 Cor. 3:18), Rest (Exodus 33:14); Protection (Rev. 7:15); Renewal (Acts 3:20); Strength (Psalm 105:4); Help (Heb. 4:16); Reward (Heb. 11:6); Joy (Psalm 16:11)

Discuss how each benefit could actively change your approach to challenges you face. How might these divine attributes be sought or experienced more fully in your daily routines or in times of need?



- ⑤ Reflect on the elements of the Tabernacle as metaphors for aspects of our spiritual lives (e.g., the Ark of the Covenant representing God’s law and presence, the Bronze Altar symbolizing sacrifice). How do these symbols enhance your understanding of your relationship with God and His provisions for you?

ADDITIONAL RESOURCES

- [The Tabernacle: A Pattern for Prayer // Duncan](#)
- [What Does the Tabernacle Symbolize? // Taylor](#)

APPLY (30 MIN)

Pastor Rick said that the most important thing is to linger unhurried in God’s presence. He mentioned that you don’t need a strategy to solve all your problems; you need a Savior. Our time is easily eaten up by other things. Perhaps the one strategy we need is to make time to linger unhurried in God’s presence. What changes can you enact this week to make space for time with the Lord?

PRAY (15 MIN)

- We want to invite you to use the prayer method that Pastor Rick shared as a group.
 - Please visit [Pastor Rick’s Blog post](#) on the prayer method.
- Meditate on the pathway through the Tabernacle as a model for approaching God in prayer, reflecting on how each element (Bronze Altar, Bronze Basin, etc.) can guide your daily devotions.



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EQUIP ANNOUNCEMENTS

Week of 4.28.24

Please take a moment to share these announcements with your group.

More information on each item can be found by scanning the QR codes.

COMMUNITY LIFE

Men's Breakfast: May 11, 2024

You are invited to join come enjoy a cup of coffee and a free breakfast with men of all ages at our Broadview Heights campus on Saturday, May 11th. Feel free to invite a friend to join. You can register for the breakfast [HERE](#)



CVC YOUNG ADULTS

Hocking Hills Spring Retreat: May 31-June 2, 2024

All young adults are invited to enjoy a weekend away at Hocking Hills where they'll dive deeper into studying the Bible, enjoy fellowship together, and have fun doing some outdoor activities.

Early bird registration is now open. Click [HERE](#) to sign up.



CVC YOUTH

Movin' In / Movin' Up: June 1, 2024

CVCYouth will be hosting their annual Movin' In & Movin' Up events on June 1st. Movin' In is for all incoming 6th grade students and Movin' Up is for all incoming 9th grade students. This is a great event for students to meet middle school and high school leaders and learn more about CVCYouth.



SAVE-THE-DATES

CVCYouth Frontlines Summer Camp: June 23-28, 2024