



Cuyahoga
Valley Church

SERMON STUDY GUIDE

Week of 10.12.25

Mark 1:40-45 // Rick Duncan

Please take the opportunity to revisit the CVC Equip
Portrait of a Healthy LifeGroup on a regular basis

CONNECT (10 MIN)

- 1 Who is a person you know that has been especially generous to you? In what way were they generous, and how did their generosity impact you specifically?

EXPLORE (30 MIN)

Create Context (5 min):

HERE is the Sermon Recap video playlist on Vimeo, which includes the recap video from this week.

Study & Discussion (25 min)

Read Mark 1:40-45.

- 2 In the announcements on Sunday, Pastor Joe talked about the 2025 CVC budget and encouraged those who call CVC home to consider giving, perhaps for the first time. He also took a moment to thank those who are regularly giving, too. With this in mind, what does it look like for you to grow in generosity in this season of your life with your time, your talents, and your treasures? How can you live with open hands, remembering God is the steward of everything He gives to us? (For more information about these ideas, check out the Resources heading at the bottom of the study guide.)
- 3 On Sunday we watched Gabrielle's baptism story together before the sermon. Gabrielle came back to church because her mom invited her.
 - Who first invited or brought you to church, and what kind of impact has that had on your life?
 - How could you open the door to having that same kind of impact on someone else's life (by God's grace) by inviting someone you know to church or sharing the gospel with them (to put it another way - who might God be encouraging you to invite to church with you)?



- ④ As Pastor Rick said on Sunday, “Jesus shows us that when He touches an outcast, His revolution is rising. His touch says that no one who comes to Him is too defiled or too damaged or too disgraced to be cleansed.”
- What stands out to you about this statement in particular?
 - What is something else that especially stood out to you or impacted you from the sermon on Sunday?
- ⑤ Rick stated on Sunday that, “if you are feeling rejected, unwanted, an outsider, dirty, unredeemable, here’s what we can learn from this man’s approach to Jesus: 1) Come (Matthew 11:28-30), 2) Beg (Matthew 8:5-6), 3) Kneel (Psalm 95:6), and 4) Ask (Matthew 7:7-8). Take a moment to read each of these passages together in your LifeGroup.
- Which of these postures – Come, Beg, Kneel, Ask – do you think is missing in your life right now?
 - Do you feel like the Holy Spirit is asking you to address one of these areas in particular in this season? Why or why not?
 - Why do you think that people in general (or you in particular) sometimes have a difficult time adopting these postures (coming, begging, kneeling, and asking) before Jesus?
- ⑥ Rick shared in his sermon, “I cannot see the reason for all the ingredients that (Jesus) is mixing together as He works out His recipe for my life. And I have to say sometimes I hate the taste, the bitterness, of some of those ingredients as they exist alone. But I’m confident of this - when Jesus finishes his recipe for me, what He is cooking up is going to be amazing. And that’s not just true for me - that’s true for you. The touch of Jesus doesn’t always mean we get the timeline we want and the relief we expect... but even when we don’t see it yet He is still at work... keep coming, keep kneeling, keep begging, keep asking.”
- Can you think of times in your life when you have prayed, and you haven’t received the timeline you wanted or the relief you expected? How did those experiences make you feel?
 - What does it look like in your life right now to trust that even when you don’t see it yet, Jesus is still at work?
 - What does it look like today for you to “keep coming, keep kneeling, keep begging, and keep asking” Jesus for the things you pray over again and again?

PRAY AND APPLY

Pray that the people of CVC would come to Jesus with open hearts, bringing their burdens, their shame, and their hidden struggles before Him.

Pray that those who feel desperate or defeated would beg Jesus for spiritual, relational, and physical healing with faith, trusting that Jesus hears even their deepest cries and unmet needs.

Pray that we would ask boldly, believing that Jesus can cleanse, restore, and transform the areas of their lives that feel defiled, damaged, or disgraced.

Pray that hearts across our church would be moved with the same pity as Jesus, so that compassion would flow through them to the hurting and the outcast.

Pray that the people would follow Jesus' guidance with trust, even when it requires patience, obedience, or stepping into situations they do not fully understand.

Pray that the joy, hope, and freedom received from Jesus' touch would overflow in their lives so they would naturally share His goodness with others.

Pray that God would reveal any spiritual posture—come, beg, kneel, or ask—that they have neglected, and give them the grace and courage to embrace it fully.

Pray that our church family would be His hands, feet, and voice, reaching out to those who feel like outcasts, so that His revolutionary touch might flow through them to others in our community.

RESOURCES

1. The Gospel Coalition Course - Knowing the Bible: Mark
<https://www.thegospelcoalition.org/course/knowing-bible-mark/>
2. Got Questions - What does the Bible say about suffering?
<https://www.gotquestions.org/Bible-suffering.html>
3. The Gospel Coalition - "The Leper's Cleansing and our Salvation" by Matthew Emadi
<https://www.thegospelcoalition.org/article/lepers-cleansing-our-salvation/>
4. Information on Giving at CVC (to view our FAQ scroll to the bottom of the page)
<https://cvconline.org/give/>



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WEEKLY ANNOUNCEMENTS

Week of 10.12.25

Please take a moment to share these announcements with your group.

CVCKIDS

Trunk or Treat: October 26

Bring your family and friends for an evening of fun, treats, and community on October 26 at 4pm! Our annual Trunk or Treat is open to the public and features decorated trunks, candy, games, and plenty of smiles. This is a wonderful outreach opportunity – a chance to connect with our neighbors and share the love and joy of Christ in a fun, family-friendly setting. Invite your friends, coworkers, and neighbors to join the fun! Costumes are welcome. We can't wait to see you there!

CVC YOUTH

High School Fall Retreat: November 21

Escape the noise, slow down, and press in—Fall Retreat is here. Three days away with your friends and leaders, incredible worship, and teaching that will challenge and encourage you. This is the weekend you'll look back on all year—don't miss it. More details will be released as we get closer to the event!

CVC Youth Bowling Night: December 7

Strikes, spares, and endless laughs—CVC Youth is going bowling! Invite your friends and join us for an epic night of competition and fun on Sunday December 7 at 6:00pm. Whether you're a pro or you just want the nachos, this night is for you. Price: \$5 per person. Location: North Woods Lanes Bowling Center, 10435 Valley View Rd, Macedonia, OH 44056