



Please take the opportunity to revisit the CVC Equip
Portrait of a Healthy LifeGroup on a regular basis

CONNECT (10 MIN)

① On Sunday, elder Kyle Gustafson shared how when he is running late, at times his patience can wear thin. He made the contrast that Jesus, in our story in Mark was always patient and kind in the face of interruptions. We see this in our passage for this week, as Jesus is interrupted twice in this story - once by Jairus and another time by the bleeding woman. In both instances, Jesus is patient and kind and makes time to care for others.

- Kyle mentioned some things that drive him crazy when he is running late - hitting every red light, or driving behind someone who is going 10 under the speed limit. Can you think of things that exasperate you especially when you feel out of control?
- How can we, as Christians, grow in our ability to see interruptions as an opportunity to exemplify Christlikeness or trust in the Lord's timing?

EXPLORE (30 MIN)

Create Context (5 min):

[HERE](#) is the Sermon Recap video playlist on Vimeo.

Study & Discussion (25 min)

Read Mark 5:21-43.

① In his sermon on Sunday, Kyle mentioned that this passage uses “intercalation” - which is the inserting of one narrative episode between two parts of another narrative (in this story, we see the story of the bleeding woman inserted into the middle of the story about Jairus’ daughter).

- Where else in the book of Mark do we see intercalation used? Where else in Scripture do we see this narrative tool employed?
- What purpose does this narrative tool employ - here or elsewhere in Scripture? What does this intercalation reveal to us about Jesus’ character, about Mark’s gospel, or about the people in this passage?



② Review Mark 5:21-43. Next, read Luke 8:40-56.

- What similarities do you see in these two accounts of this same story? What differences do you see? What stands out to you as you compare these two accounts of the same events?
- Abraham Kuruvilla (a professor at Dallas Theological Seminary), in his commentary Mark: A Theological Commentary for Preachers, writes that Mark's telling of this account places great emphasis on the "vigor and potency of a disciple's faith." Do you agree with this statement? Why or why not?
- One of the great blessings of having four gospel accounts is that we are able to read about an event from multiple viewpoints, and perspectives. Have you ever spent time studying gospel accounts side by side from different gospels? If yes, what has the Lord shown you in this type of study? If today was your first time doing this - what stands out to you about this process of study, and why?

③ In his sermon, Kyle invited us to consider this passage of Scripture and the sermon, and then ask ourselves, where is my heart in this story? He gave a couple of possible options:

1. Hurried and anxious
2. Hidden and isolated
3. Watching from a distance
4. Faithful, but tired

- How would you answer this question right now? Choose one option based on the list shared above, and why.
- In this season, how can you seek to be encouraged and equipped by Scripture, through prayer, and in community with other believers who can remind you of what is true about Jesus in the midst of any and every circumstance of life?
- The prayer prompts for this week align with the list above and contain some insightful and helpful questions to think and pray through. Take some time to walk through these questions and pray through them, either as a large group or in smaller groups of 2-3.



PRAY AND APPLY

1. Prayers for those who are hurried, anxious, and facing urgency

- Pray for people who feel like time is running out—waiting on answers, healing, direction, or breakthrough.
- Ask the Holy Spirit to help them trust Jesus in the delay, believing that interruption does not mean abandonment.

2. Prayers for those who feel hidden, isolated, or marked by shame

- Pray for those who feel unseen, excluded, or hesitant to come forward.
- Ask Jesus to restore not just bodies, but dignity, belonging, and identity—that they would know they are called “daughter” or “son” by Him.

3. Prayers for trust when fear threatens faith

- Pray for those standing at the moment Jairus faced—where hope feels lost and fear feels louder than belief.
- Ask for the grace to keep walking with Jesus even when the outcome feels uncertain.

4. Prayers for renewed amazement and intimacy with Jesus

- Pray for longtime believers who know the stories but feel weary or spiritually numb.
- Ask God to rekindle wonder, tenderness, and awe at who Jesus is—not just what He can do.

5. Prayers rooted in resurrection hope

- Pray for those grieving loss, unanswered prayers, or physical healing that has not come.
- Ask that the Spirit would anchor hearts in the deeper promise of resurrection—that death, suffering, and shame do not get the final word.

WEEKLY ANNOUNCEMENTS

Week of 2.8.26



Cuyahoga
Valley Church

Please take a moment to share
these announcements with your group.

YOUTH

Winter Retreat - February 20

One weekend. Two days away from the routine. A lifetime of impact. Winter Retreat is your chance to grow in your faith, deepen friendships, and make unforgettable memories. Bring your warmest gear, your best attitude, and maybe a sled or two. Find out more about the event [HERE](#). Sign up for the retreat [HERE](#).

INVITE

Join CVC Part 02 - Membership Class - February 22

To become a member of our church, attendance at two classes is required. The first class is called Explore CVC, and the second is Join CVC. Completion of both is necessary for membership. Explore CVC is required before you can take Join CVC. [Register here!](#)

COMMUNITY LIFE

Walk Worthy - February 28

Walk Worthy exists to bring men together. Hosted by Moody Radio Cleveland, this one-day men's conference offers biblical insight, real encouragement, and practical guidance for every role God has entrusted to you—marriage, single life, parenting, friendships, church, workplace, and most importantly, your relationship with Christ. Location: The Chapel, 135 Fir Hill, Akron, Ohio. [Sign up here!](#)

SEND

CULTURE Link - March 20

CVC Send Ministry is excited to announce that the CULTURELink Seminar is coming back to CVC on March 20-21! Whether you are a former, current, or future mission trip leader, this practical and engaging training is designed to equip you for effective cross-cultural ministry. [REGISTER HERE!](#)