



Cuyahoga
Valley Church

SERMON STUDY GUIDE

Week of 3.1.26

Mark 6:31-44 // Joe Valenti

Please take the opportunity to revisit the CVC Equip
Portrait of a Healthy LifeGroup on a regular basis

CONNECT (10 MIN)

- 1 What is something that is causing you to feel tired and weary today? Have you brought this before the Lord? Why or why not?

EXPLORE (30 MIN)

Create Context (5 min):

HERE is the Sermon Recap video playlist on Vimeo.

Study & Discussion (25 min)

Read Mark 6:31-44.

- 1 Read Matthew 11:28-30 and 1 Peter 5:7. Joe said on Sunday that rest is not weakness. Rest is alignment with the heart of the Shepherd. And the Shepherd, Jesus, tells us that He is the one who will give us rest. He saw the disciple's need for rest in Mark 6, and He sees your need for rest today. He is not irritated by our need for Him, but invites us to cast our cares upon Him - because He cares for us.
 - Why do you think that people, and even Christians, are tempted to believe that the Lord does not have time for us, or that He is bothered by us or exasperated by us?
 - Are you ever prone to think that Jesus is exasperated by you, or by your needs or concerns? If so, how do these two passages from Matthew and 1 Peter remind you of what is true about our Lord?
 - What does it look like for you to trust today that the Lord wants you to cast your cares upon Him? What does it look like for you to actually cast your cares upon Him, and trust that His burden is easy and His yoke is light?



- ② In our passage from Mark for this week, as Joe put it, “The miracle happens through the hands of Jesus - the distribution of that miracle happens through the hands of the disciples. This is the way that the Kingdom of God multiplies, (the way) that Jesus delegates His power and His provision through other people, often miraculously, far beyond what we think we are capable of. The Shepherd feeds his sheep and he uses ordinary people like these disciples, and like you and me, to do it. That is the pattern of the Kingdom.”
- What limitations do you have that you tell Jesus are too big for Him to use? Where do you believe in your own insufficiency more than the power and the plans of Jesus Christ?
 - Reflect on the statement, “The miracle happens through the hands of Jesus - the distribution of that miracle happens through the hands of the disciples.” How is this truth freeing, and how is it challenging, for us as we seek to trust in Jesus and in His power to use our hands and feet in the Kingdom of God?
 - Can you think of a time when you’ve seen God accomplish, through someone else that you know or know about, something far beyond what they thought they were capable of?
 - Can you think of a time when you’ve seen God accomplish, through you, something far beyond what you thought you were capable of?
- ③
- Last week we talked about obstacles that keep us from moving from comfort to costly - one we are looking at today is insufficiency. We think what we are, what we have, and what we can do are insufficient for the work God wants to accomplish for His kingdom. And Jesus asks a simple question - “What do you have?” This is the question that Jesus asked the disciples, and this is the question He asks us today. He asks us what we have, and He asks us to trust Him with it - whatever it is.
 - Can you think of some people in the pages of in Scripture who doubted that God could use the little that they had or could do?
 - Can you think of some people in the pages of Scripture who trusted that God could use the little that they had or could do?
 - What does it look like for you to answer Jesus’ question to the disciples - “What do you have?” What do you have that Jesus is inviting you to trust Him with, so that He can use it as He accomplishes God’s good, pleasing, and perfect plans both for His people, and through His people?



PRAY AND APPLY

1. Pray for Weary Servants

Pray for those in the room who are tired from pouring themselves out – parents, caregivers, ministry leaders, volunteers, and those quietly carrying heavy burdens.

2. Pray for Eyes to See as Jesus Sees

Pray that the Spirit would gently expose where we have been spiritually blind, where we have reduced people to problems and have calculated our insufficiency instead of trusting Christ's sufficiency.

3. Pray Against Self-Sufficiency

Pray that pride and self-reliance would be dismantled in us. Ask that we would stop measuring need against our own resources and start bringing what we have to Jesus.

4. Pray for Willing Participation in the Shepherd's Work

Ask that God would make our church a people who do not merely consume grace, but distribute it. Pray for courage to bring our time, gifts, homes, finances, and stories into Jesus' hands and trust him with the outcomes.

5. Pray for Multiplication

Pray that people would be truly transformed such that we would see a ground swell of deeper engagement in the life our church and discipling of others.



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WEEKLY ANNOUNCEMENTS

Week of 3.1.26

Please take a moment to share these announcements with your group.

INVITE

Explore CVC - Membership Class - March 8

Explore CVC is our regularly-offered class that helps you explore the foundations of who we are as a church, including our history, what we believe, and our mission. It is also your next step toward membership. To become a member of our church, attendance at two classes is required. The first class is called Explore CVC, and the second is Join CVC. Completion of both is necessary for membership. [Register here!](#)

Night of Worship and Prayer - March 11

We would love for you to join us for a special Night of Prayer and Worship during this Lenten season on Wednesday, March 11 at 6:30pm. Lent is a time to slow down, refocus our hearts, and draw near to the Lord. This evening will be a space to worship together, seek God in prayer, and prepare our hearts for Easter. Whether you come carrying burdens, gratitude, questions, or simply a desire to be with Jesus—you are welcome. Childcare will be provided, so please feel free to bring your family.

SEND

Adult Interest Trip to Panama Meeting - March 5

INTEREST MEETING - FILTER OF HOPE PANAMA TRIP

March 15th 1:00pm: Attend the meeting to hear from the trip leaders Dave & Karen Genco and find out who can apply for this trip, what the requirements are, when the application opens and close, what the trip cost is and what it covers and more! Broadview Heights Campus in Lower Level 101/102.

CULTURE Link - March 20-21

CVC Send Ministry is excited to announce that the CULTURELink Seminar is coming back to CVC on March 20-21! Whether you are a former, current, or future mission trip leader, this practical and engaging training is designed to equip you for effective cross-cultural ministry. [REGISTER HERE!](#)