

SEPTEMBER 2026

FREQUENCY HEAR FROM GOD

In September, school and schedules take off like a bullet train. That's why it's so vital for all of us to learn how to pause, take a deep breath, and tune our hearts to hear from God. Our faith is living and active. We serve a God who wants to speak to us and who designed us to hear from Him every day! For many of us, though, hearing from God feels complicated. We don't know where to start. We don't know if our thoughts are our own or if it's from God. God welcomes questions, and we're excited to help kids ask those questions, too, as we learn to hear from God. Samuel's story shows us we don't have to wait until we're older to hear from God.

WEEK 1: How to hear from God
(*John 10:1-4, 14-16; Psalm 1:1-3; Romans 1:19-20*)

VIRTUE: HOPE

I can hear from God.

WEEK 2: How to Read the Bible
(*Matthew 6:11; 2 Timothy 3:16-17*)

VIRTUE: KNOWLEDGE

I can learn to know God through the Bible.

WEEK 3: The Vine and the Branches
(*John 15:1-11*)

VIRTUE: FAITH

I can grow when I stay close to God.

WEEK 4: The Lord Calls Out to Samuel
(*1 Samuel 3*)

VIRTUE: TRUST

I can ask God to speak to me.

MEMORY VERSE:

"My sheep listen to my voice. I know them, and they follow me."

John 10:27, NIV

ENGAGE IN EVERYDAY MOMENTS TOGETHER



MORNING TIME

As your kid starts her day, remind her, "God wants to speak to you today, and you can hear Him."



MEAL TIME

At a meal this week, go around the table and have everyone answer these questions: "What is one way you think God can speak to us? How does knowing the Bible help us recognize God's voice?"



DRIVE TIME

While on the go, have a spiritual conversation with your kid. Ask: "Where do you feel like you hear God the most...when you're quiet, reading the Bible, outside, or talking with someone?"



BED TIME

Pray together: "Father God, as we read the Bible, may Your Word teach us how to live for You, and show Your love to the people we see each day." In Jesus' name. Amen."

PARENT TIP:

Hearing from God is an abstract concept for a child because people don't usually hear God's audible voice with their ears. Hearing from God requires a different kind of listening. So, here's what you can do to help your child understand.

Start with something concrete. Place a Bible in your child's hands. Say, "The Bible is God's Word." Explain that God speaks to us through His Words in the Bible. They reveal a lot about His voice. When we spend time in God's Word and know it in our hearts, the Holy Spirit can use that to help us distinguish God's voice from the rest of the voices in the world. Remind your child that if he is ever confused, he can ask you for help.

This is also a great opportunity to emphasize the importance of memorizing Bible verses. We want the Words of God living in our hearts! One great way to do that is by listening to Scripture Memory songs like "Seeds Kids" or "Doorpost Songs." Each of those groups have plenty of music that is word-for-word Scripture!

So, have your ears open, and your heart filled with God's Word as you teach your kids to do the same!